New Soul Kitchen
CLEO TV
Brunching and Munching
211



Bacon and Brown Sugar Pancakes

Recipe Courtesy of Chef Resha @chefresha

Ingredients:

1 cup buttermilk

1 cup unbleached all-purpose flour

1 tablespoon granulated sugar

1 teaspoon baking powder

1/4 teaspoon baking soda

1/4 teaspoon table salt

1 large egg

1 teaspoon vanilla extract

2 tablespoons unsalted butter, melted and cooled slightly

½ pound cooked bacon (5–6 slices), crisped (feel free to use more)

light brown sugar for sprinkling

oil or butter to coat your griddle or skillet (I used butter)

Method:

- 1. Whisk flour, sugar, baking powder, baking soda, and salt in a medium bowl to combine.
- 2. Whisk egg, vanilla, and melted butter into the milk mixture (or buttermilk) until combined.
- 3. Make a well in the center of dry ingredients in a bowl; pour in milk mixture and whisk very gently until just combined (a few lumps should remain). Do not over mix.
- 4. Heat a 12-inch nonstick skillet over medium heat for 3 to 5 minutes; add 1 teaspoon oil or butter and brush to coat the skillet bottom evenly. If using an electric griddle, you can set the heat to the second-highest or highest setting

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- (depending on the strength of your griddle). Pour 1/4 cup batter onto 3 spots on skillet; sprinkle bacon and brown sugar over each pancake.
- 5. Cook pancakes until large bubbles begin to appear, 1 1/2 to 2 minutes. Using a thin, wide spatula, flip pancakes and cook until golden brown on the second side, 1 to 1 1/2 minutes longer. Serve immediately with butter and bacon-maple syrup, and repeat with remaining batter.

Bacon Maple Syrup

Ingredients:

½ cup real maple syrup1 tablespoon light brown sugar2 to 3 tablespoons cooked bacon, chopped

Method:

- 1. Pour 1/2 cup maple syrup into a small saucepan over medium heat. Add in the brown sugar and bring to a soft simmer. Add the bacon and stir gently. Alternately, you can microwave the syrup until warm, about 20 to 40 seconds, then add the bacon.
- 2. Turn off the heat and cover while you make the pancakes.