Living By Design CLEO TV Zuirrae & Jae 211



Baked Apple Sundaes

Recipe Courtesy of Jake and Jazz Smollett

Ingredients:

4-6 granny smith apples, peeled, cored & halved

1 ¹/₂ cups Bourbon

¹/₃ cup lemon juice (about 2 lemons, plus the zest of 1 lemon, reserved)

2 tablespoons + 2 teaspoons pure vanilla extract

- 1 teaspoon cinnamon
- $^{1\!\!/_{\!\!2}}$ teaspoon nutmeg
- $\frac{1}{4}$ brown sugar
- Vanilla ice cream
- Whipped cream
- Caramel sauce

Chopped walnuts

Maraschino cherries

Method:

- 1. In a medium bowl, mix the Bourbon, lemon juice and zest, and 2 tablespoons vanilla.
- 2. Place the apple halves in a large flat container and pour the liquid over the apples, basting a few times. Cover and allow the apples to macerate in the liquid for about 30 minutes.
- 3. Preheat the oven to 350 degrees.
- 4. In another small bowl, mix the 2 teaspoons vanilla, cinnamon, nutmeg, and sugar.
- 5. Rub the cinnamon-sugar mixture all over each apple and place the cut side down in a large baking dish. Pour some of the macerated liquid in the bottom of the pan and cover with foil loosely.
- 6. Bake for about 30-40 minutes until the apples are tender.
- 7. Build the apples in a bowl topped with ice cream, whipped cream, caramel sauce, chopped walnuts, and a cherry on top.