Living By Design CLEO TV Stacy & Alain 216



Caribbean & Mexican Chicken Enchiladas

Recipe Courtesy of Jake and Jazz Smollett

Ingredients:

Olive oil

1/4 cup minced garlic

1 medium onion, small dice

1 green bell, small dice

4 boneless skinless chicken breasts

Kosher salt

1 teaspoon cumin powder

1 teaspoon chili powder

½ teaspoon chili flakes

1 tablespoon cilantro

1 ½ cups stewed tomatoes

½ cup chicken stock

2 cups heated refried beans

3 cups cooked rice and beans

6-8, 8-inch tortillas

Enchilada sauce

1 ½ cup shredded aged white cheddar cheese

Scallions for garnish

Method:

- 1. Preheat the oven to 350 degrees.
- 2. Heat a large pan over medium-high heat. Add the olive oil, and once it gets hot, add in the garlic, onions, and bell pepper and saute until lightly golden.
- 3. Add the chicken breasts and season with kosher salt, cumin, chili powder, and chili flakes. Cook the chicken breast until they are thoroughly cooked

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through. Add in the cilantro and turn the chicken breasts over to finish cooking on the other side. Cover the pan to speed up the process.

- 4. Add the stewed tomatoes, chicken stock, and season with more salt.
- 5. Cover and bring up to a simmer and allow to stew for about 40 minutes.
- 6. Uncover the pan, and cut the chicken into large chunks by using a pizza cutter. Continue to cook for another 15 minutes with the lid on.
- 7. Spread some refried beans on a tortilla, top with a scoop of rice and beans, and a scoop of the stewed chicken, and roll to close. Place snuggly in a large casserole dish lined with more stuffed tortillas.
- 8. Spoon the enchilada sauce over the top of the tortillas and sprinkle on lots of shredded cheese.
- 9. Bake until the cheese is gooey and golden brown. Sprinkle with scallions and serve right away!